

St. Edward Rebels
21st Annual



Competition
Sunday February 22, 2009

1:00 pm – John F. McGuire Gymnasium at St. Catherine High School
Open to 6th, 7th, & 8th Grade Squads

**ST. EDWARD'S ATHLETIC ASSOCIATION
2009 CHEERLEADING COMPETITION**

DATE: SUNDAY, FEBRUARY 22, 2009
TIME: 1:00 (Gym doors will open at 12:15. NO earlier!)
PLACE: ST. CATHERINE'S HIGH SCHOOL
1200 PARK AVE
RACINE, WI

Dear Cheerleading Coach or Advisor:

St Edward's Athletic Association cordially invites your 6th, 7th, and 8th grade cheerleading squads to our Cheerleading Competition to be held at St Catherine's High School on Sunday, February 22, 2009.

The cost is \$75 per squad. Please return the attached entry form and fee no later than Friday, February 6, 2009. Please make your checks payable to St Edward's Athletic Association.

Awards for the competition will include trophies for the 1st, 2nd and 3rd place squads at each grade level, and individual awards for each 1st place squad.

ARRIVAL:

Please plan to arrive at 12:15. The doors will NOT open until that time. No admission will be charged to those listed in the program, cheerleaders, coaches and assistants. There will be a coaches meeting at 12:30 in the classroom across from the gym on the 2nd floor. An announcement will be made before the meeting starts. During this meeting we will be drawing for the order of the competition and answer any questions you may have.

ROUTINE:

Each squad will be given no less that 2 ½ minutes or more that 3 minutes to perform a combination of court cheers, sideline chants and dance/pom routine (set to music). The dance/pom routines set to music may not exceed more than 1 minute. However, that one minute of music may be broken into more than one routine. REMEMBER ONLY ONE MUNUTE OF MUSIC IS ALLOWED. A good program includes crowd oriented cheers, the use of signs, tumbling, and formation changes, partner stunts, jumps and mounts.

TIMING:

Two stopwatches will be used. One will start with the first words or movements after their coaches introduce the squad, and will end when the girls leave the floor. Remember total time allowed for the routine is not less than 2 ½ minutes or more than 3 minutes. The second stopwatch will begin with the first beat of music and end with the last beat of music. This stopwatch will be restarted if there is more than one music routine used. Remember only one minute of TOTAL music is allowed. A ten point penalty will be given for each timing violation.

JUDGING:

We will be hiring judges for the competition. Enclosed is a copy of the judges score sheet for your information. The stunting rules will remain the same as last year. Remember no jewelry or nail polish is to be worn during competition.

ALLOWED: Hand supported mounts where the bottom of the flyer's feet do not extend over the bases shoulders.

Every hand supported stunt must have a back spot, and proper utilization of bases and spotters. This includes, but is not limited to half extensions(half elevators), low angels, and straddle crosses.

NOT ALLOWED: Full extensions, basket tosses, head first dismounts, twist cradles, should stands, single base extension, hand supported single foot mounts and liberties.

Existing Archdioceses Rules Apply: "No cheerleading team may use pyramids in any routine in any routine in which a person is supported in whole or body part by another person(s) who is NOT in contact with the floor. In addition standing shoulder mounts are not permitted; sitting shoulder mounts are permitted. Basket tosses and similar high - risk maneuvers also not allowed

If you have any questions or need clarification prior to competition please feel free to call or email me.

**Pam Totka
497-2600
ptotka@amfam.com**

Please remember the total time allowed for the routine is 3 minutes. This includes your 1 minute of music. Music can be on cassette or CD. Bring Back Up!!!!

**ST EDWARD'S ATHLETIC ASSOCIATION
2009 CHEERLEADING COMPETITION
REGISTRATION FORMS**

School _____ Grade(circle one) 6th,7th,8th

School colors _____ / _____

Mascot _____

Coaches _____

Assistant/Advisors _____

Cheerleaders Names (please print neatly)

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Registration Fee: \$75.00

Deadline: February 6, 2009

Make Checks Payable : St Edward's Athletic Association

Mail to : Pam Totka

5700 Randal Ln

Racine, WI 53402

**Send a photo of your squad for the program to
mikepolzin@sbcglobal.net.**